

Purpose: This hand-out contains Defense Enrollment Eligibility Reporting System (DEERS) information to get your Active-Duty TRICARE (Health Benefits) for Soldiers who are deploying, deployed, returning from deployment, and for their eligible family members.

## TRICARE CONTACTS

- 1. NUMBER: (Humana East): 1-800-444-5445
- 2. NUMBER: (Humana West): 1-844-866-9378
- 3. Website: (For TRICARE Over Seas Program Region #'s: https://www.tricare-overseas.com

# DEERS/TRICARE Fact Sheet v4.

# Your Three Major Known DEERS Mobilization Qualifying Life Events (QLE's) are as follows;

- 1. Pre-Activation Benefits/Early TRICARE Eligibility-ETE (Before Mobilization Start Date)
- 2. Activating/Mobilization Start Date (Mobilization Start Date on your Order)
- 3. Separating from Active Duty (The day after your DD Form 214 Separation Date)

# PAARNG DEERS/RAPIDS Locations and Contacts

Location	Contact Number
FTIG BLDG 14-99, Annville PA 17003	717-861-6893
2239 School St, Mt Pleasant, PA 15666	724-542-0307
125 Goodridge Ln, Washington PA 15301	724-223-4570 x 170
28 Armory Ln, Lewistown, PA 17044	717-248-6693 x 11461
2292 Cambridge Springs, PA 16403	814-398-6010 x 46013
1056 Fairchild St, Horsham PA 19044	215-328-2342
1502 W Allen St, Allentown PA 18102	610-821-6533 x 125
3401 Olyphant Ave, Scranton PA 18509	(570)-496-8907
FTIG BLDG 19-119, Annville PA 17003	(717)-861-9033
14th & Calder St's, Harrisburg PA 17103	(717)-787-6705 x 12015

# 1) Pre-Activation Benefits/Early TRICARE Eligibility-ETE (Before Mobilization Start Date) Soldiers Eligibility Determination:

- 1. Must be a Primary on the Deploying Manning Document (DMD).
- 2. Primary on the DMD and have considered READY for both the Administrative and Medical portion of SRP.
- 3.If the DA Mobilization Orders have been issued; ETE will not start before the date on your orders or 180 days before your report to active duty, whichever is later.
- 4.If all the above actions have been met and completed the State G3 will turn you on for Early TRICARE Eligibility (ETE) in MARS-N. This gives you eligibility to enroll into Tricare for up to 180 days prior to the mobilization as an M-Day Soldier for you and your family member's. No change in benefits for AGR Soldiers or Soldiers on long tour ADOS with no break in service going from ADOS Orders directly to MOB Orders. Technicians need to contact their servicing HRO Office to suspend (suspend only) their Federal Employee Health Benefits (FEHB) in order to enroll into Early Tricare once they have confirmation that they are now eligible for ETE. Additionally, ETE benefits are not retroactive, all conditions must be met above for the eligibility start date.

### Pre-Activation Benefits are only Available when:

- 1. The Soldier is eligible, typically after all the above actions are competed and about 72hrs has passed for systems communication.
- 2. You MUST call to enroll into TRICARE even if were using TRS; This does not happen automatically.

# 2) Activating/Mobilization Start Date (Mobilization Start Date on your Order)

### Soldiers Eligibility and Activation of Benefits is determined when:

- 1. Eligibility is the first day of your Mobilization AD order; for M-DAY Soldiers, this includes all Traditional Status Soldiers (Drilling) regardless if they were on long or short tour Active Duty (AD) orders and regardless if they are a Technician or not. Additionally, there may be a couple of days of a lapse prior to eligibility. 2. For AGR Soldiers, when going from Title-32 to Title-10 and Title-10 to Title-32, there could be a lapse of Tricare during the Transition. Please monitor your MILCONNECT, Humana Military App, or if needed you can call TRICARE for enrollment verification. If you see a lapse after 7 business days from going from one Title to another, please route the issue through your Bn S1/DEERS operator.
- 3. You <u>MUST</u> call to enroll into TRICARE even if were using TRS; This does not happen automatically.

## 3) Separating from Active Duty (The day after your DD Form 214 Separation Date)

# Soldiers TAMP - 180 Eligibility Determination:

- 1. Only after your DD Form 214 has been created and published.
- 2. White Cell has forwarded the DD form 214 to the state appropriate teams for their next actions.
- 3. G3 and G1 systems are now reflecting the correct AD Separation Date from the DD Form 214 and any amendments are completed to show the correct Active-Duty Order (AD ORD) end date; give about 72hrs for systems communication.

## Post-Activation of Benefits are only Available when:

- 1. The Soldier is determined as eligible and meets all of the requirements.
- 2. You MUST call to enroll into TRICARE; This does not happen automatically.

\*\*\* Note: Contact your Unit for Eligibility Concerns

#### Tricare Reserve Select (TRS) and Federal Employee Health Benefits (FEHB)

- 1. Requirements to reenroll in Tricare Reserve Select/Tricare Dental Program after Mobilization/TA-180 period. You <u>MUST</u> call to re-enroll into TRICARE; This does not happen automatically.
- 2. Technicians need to contact their servicing HRO Office to re-activate their Federal Employee Health Benefits (FEHB).

#### Websites:

TRICARE: <a href="https://www.tricare.mil">https://www.tricare.mil</a>

Human Military App: <a href="https://www.humanamilitary.com/mobileapp">https://www.humanamilitary.com/mobileapp</a>

milConnect: <a href="https://milconnect.dmdc.osd.mil/milconnect/">https://milconnect.dmdc.osd.mil/milconnect/</a>

# \*Contact your Unit at any time for QLE Eligibility Concerns



Purpose: This hand-out contains information to get your Dental Benefits for Soldiers who are deploying, deployed, returning from deployment, and for their eligible family members.

#### **WEBSITES:**

#### 1. United Concordia:

https://www.uccitdp.com/find-a-dentist/#/

#### 2. TRICARE:

https://www.tricare.mil

# 3. Beneficary Web Enrollment:

https://milconnect.dmdc.osd.mil/milconnect/

# TRICARE DENTAL PROGRAMS v1.

The TRICARE Dental Program (TDP) is a **voluntary** dental plan. Sponsors can enroll through the <u>Beneficiary Web Enroll-ment</u> website. You can <u>enroll</u> if you're a:

- Family member of an active duty service member.
- Family member of a National Guard/Reserve member.
- National Guard/Reserve Member who isn't on active duty or covered by the Transitional Assistance Management Program (TAMP).

You get <u>active duty dental benefits</u> if you're on active duty orders for more than 30 days or covered by TAMP.

When you send your TDP enrollment form, United Concordia will see if you're eligible, check that your payment is correct, process your enrollment, and will contact you if there are any problems.

# TRICARE/ TDP DENTAL Contacts

Location	Contact Number
CONUS	844-653-4061
OCONUS	844-653-4060,
OCONUS TOLL	717-888-7400
TRICARE HUMANA EAST	1-800-444-5445
TRCARE HUMANA WEST	1-844-866-9378
	Refer to this link for all
	Overseas Regions #'s:
TRICARE OVERSEAS PROGRAM (TOP)	https://www.tricare-

## 1). Enrollment:

- (a) You can enroll in the TDP online, on the phone, or through the mail.
- Enroll all family members at the same time
- Pay your first monthly premium
- Set up automatic payments for ongoing premium payments
- (b) Online (Note, this option isn't available overseas):
- Go to the Beneficiary Web Enrollment website.
- Click on the red "Log On" link at the top of the page
- You must have a <u>Common Access Card (CAC)</u>, <u>DFAS (MyPay) Account</u>, or a <u>DoD Self-Service Logon (DS Logon)</u> account to log in.
- Select the "Dental" tab to enroll in a dental plan

# 1) Enrollment Continued:

• **(c)** Mail: Download the <u>TRICARE Dental Program Enrollment/Change Authorization</u>. Mail it with your first monthly premium to United Concordia:

United Concordia TRICARE Dental Program P.O. Box 645547 Pittsburgh, PA 15264-5253

### 2) Disenrollment:

You can disenroll from the TRICARE Dental Program by completing a new <u>TRICARE Dental Program Enrollment/Change Authorization Form</u>. Your coverage ends depending on when your form is received. You may be able to disenroll on the <u>Beneficiary Web Enrollment</u> website.

# 3) Minimum Enrollment Period:

You must enroll for a minimum of 12 months.

- Your sponsor must have 12 months remaining on their service commitment.
- You must complete the first 12 month enrollment unless you have a valid reason to end coverage.
- After the 12 month period, you can continue on a month-to-month basis. View the <u>TRICARE</u> Dental Program Handbook for exceptions to the minimum enrollment period.

## 4) Plan Options:

The TDP has two options:

- Single (one person)
- Family (two or more people)
- If you choose a family plan, all eligible family members must enroll except:
- Children under age one. If you have a family plan, your children will be automatically on the family plan on the first day of the month after they reach age one
- Family members living in two or more locations
- Family members who need special medical attention in a hospital or treatment center. (You must have documentation)

**Be Aware:** Guard/Reserve enrollments work a little differently. Sponsors enroll separately because their military status may change. The sponsor and family members enroll separately and pay two different <u>premium</u> payments, the sponsor can only select a single plan, family members can enroll under a single or family plan, and the sponsor doesn't have to have a plan for families to enroll.

\* For all TRICARE Dental Concerns and issues, contact your Regional TDP Office.