

166TH REGIMENT

DIETARY RESTRICTIONS WORKSHEET

Purpose: To identify specific Soldier dietary needs. The DFAC will prepare an additional meal option to meet the dietary needs for allergies and religious restrictions. All meals are prepared and served IAW AR 30-22 and DA PAM 30-22.

STUDENT NAME (L, F): _____ **Roster#:** _____

COURSE: Basic Leader Course

Vegetarian / Vegan: _____ (check if "YES" and circle one)

Special Religious Rations (No Pork, etc): _____

Food Allergies: _____

References:

Army Food Program – AR 30-22
Operating Procedures for the Army Food Program – DA PAM 30-22
Nutrition Standards and Education – AR 40-25