

# 166<sup>TH</sup> REGIMENT

## DIETARY RESTRICTIONS WORKSHEET

Purpose: To identify specific Soldier dietary needs. The DFAC will prepare an additional meal option to meet the requested dietary needs. All meals are prepared and served IAW AR 30-22 and DA PAM 30-22.

**STUDENT NAME (L, F):** \_\_\_\_\_ **Roster#:** \_\_\_\_\_

**COURSE:** Basic Leader Course

**Vegetarian / Vegan:** \_\_\_\_\_ (check if "YES" and circle one)

**Special Religious Rations (No Pork, etc):** \_\_\_\_\_

**Food Allergies:** \_\_\_\_\_

### References:

Army Food Program – AR 30-22  
Operating Procedures for the Army Food Program – DA PAM 30-22  
Nutrition Standards and Education – AR 40-25