



Pennsylvania National Guard Family Programs

01JUN2024

www.facebook.com/pngsmfs

Region 16 Punxsutawney Edward Bodenhorn Edward.g.bodenhorn.civ@army.mil 717-383-8680	Region 1 Cambridge Springs Kelly Runninger kelly.l.runninger.civ@army.mil 814-329-4096	Region 2 Williamsport Lydia Speciale lydia.v.speciale.civ@army.mil 717-769-9675	Region 3 Scranton Faith Bigelow Faith.a.Bigelow.civ@army.mil 717-525-2696	Region 4 Fort Indiantown Gap Gail Sweigart Gail.m.sweigart.civ@army.mil 717-836-6317	Region 5 Horsham Debra Berger debra.s.berger8.civ@army.mil 717-769-9674
Region 15 New Castle Erica Croyle erica.l.croyle.civ@army.mil 717-836-2618	Region 14 Coraopolis Cheryl Fink cheryl.a.fink2.civ@army.mil 717-821-4668	Region 13 Pittsburgh Aaron Johnson aaron.e.johnson2.civ@army.mil 717-708-8364	Region 12 Washington Amber Snyder amber.m.snyder.civ@army.mil 717-836-4903	Region 6 Philadelphia Colden Carroll colden.d.carroll.civ@army.mil 717-836-6292 Veronica Lauretano Veronica.r.Lauretano.civ@army.mil 717-821-4709	Region 7 Fort Indiantown Gap Monica Koontz Monica.l.Koontz.civ@army.mil 717-821-4684
Region 11 Johnstown Rebecca Leidy rebecca.a.leidy.civ@army.mil 717-769-9678	Region 10 Lewistown Darla Rickert darla.f.rickert.civ@army.mil 717-769-9671	Lead SFRS East Kimberly Houck Kimberly.a.houck.civ@army.mil 717-821-4720	Lead SFRS Central William Charpentier William.a.charpentier2civ@army.mil 717-821-4717	Region 8 Harrisburg Tara Rose Tara.l.rose.civ@army.mil 717-507-3228	Region 9 Carlisle Cathy Pristas cathy.e.pristas.civ@army.mil 717-821-1488
				Lead SFRS West Vacant	



PA National Guard Family Program

Stay up-to-date on upcoming opportunities! Visit www.facebook.com/pngsmfs

Soldier & Family Readiness Specialists

are available across the Commonwealth to serve as resource specialists here to empower individual Service Members and their Families during all phases of the Deployment Life Cycle.

Information & Referral Assistance for

8 Essential Services

TRICARE Health Insurance
DEERS & ID Card Info
Legal Referrals
Financial Needs
Crisis & Intervention
Community & Outreach Services
Exceptional Family Member Program
Emergency Family Assistance Centers

Additional Services

Military, Veteran, & Retiree Benefits
Deployment Support
Education Information
Behavioral Health
Household & Property
Employment Outreach
Child & Youth Program
Events

& Many More!

Soldier & Family Readiness Support

Hands on Assistance for Soldier & Family Readiness Groups
Orientation & Trainings for SFRG Volunteers, Commanders, and Command
Family Readiness Representative (CFRR)
Briefings for SFRGs, Command/Leadership & Units
Subject Matter Expert for Soldier & Family Readiness
Conduit of Information
Connection to Community Resources
Track Unit, Soldier, & Family Readiness
Support Commanders' Mission Readiness

for Connection & Education!

Do you or someone you know have an issue or question and are not sure who to talk to?

Are you interested in supporting your unit's SFRG?

For assistance, please contact the Soldier & Family Readiness Specialist in your region.

(see map on reverse side)