



Pennsylvania National Guard Family Programs

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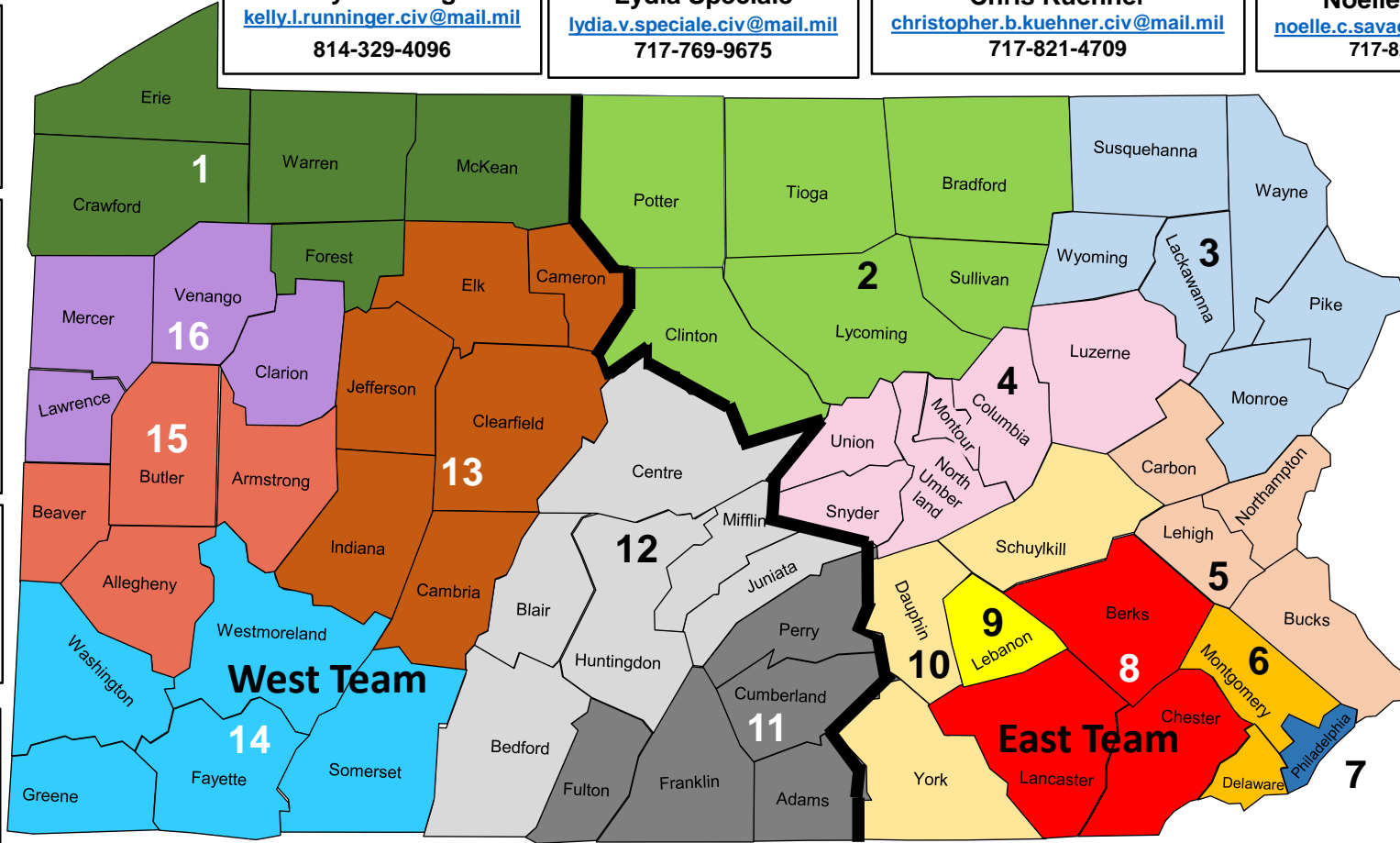
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PA National Guard Family Program

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Soldier & Family Readiness Specialists

are available 24/7 across the Commonwealth to serve as resource specialists here to empower individual Service Members and their Families during all phases of the Deployment Life Cycle.

Information & Referral Assistance for

8 Essential Services

TRICARE Health Insurance
DEERS & ID Card Info
Legal Referrals
Financial Needs
Crisis & Intervention
Exceptional Family Member Program
Emergency Family Assistance Centers

Additional Services

Military, Veteran, & Retiree Benefits
Deployment Support
Education Information
Behavioral Health
Household & Property
Employment Outreach
Child & Youth Program Events

& Many More!

Family Readiness Support

Hands on Assistance for Family Readiness Groups
Orientation & Trainings for FRG Volunteers, Commanders, and Family Readiness Liaisons
Briefings for FRGs and Command & Leadership and for Overall Family Well-being
Subject Matter Expert for Family Readiness
Conduit of Information
Connection to Community Resources
Track Unit Family Readiness
Support Commanders' Mission Readiness

for Connection & Education!

Do you or someone you know have an issue or question and are not sure who to talk to?

Are you interested in supporting your unit's FRG?

For assistance, please contact the Soldier & Family Readiness Specialist in your region.

(see map on reverse side)